

BUXA & BERGSTROM

ENT Center of Excellence

Gary A. Buxa, MD, FACS

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POST-OPERATIVE INSTRUCTIONS FOR TONSILLECTOMY

- Push Fluids--Water is an essential part of the healing process.
- Absolutely **No Aspirin or Ibuprofen** for two weeks after surgery.
- No bottles, straws, or carbonated beverages for the first 3 days.
- It is common to run a slight fever up to 102 F for the first 2-3days.
- In addition to throat pain there may be ear pain for up to 14days.
- The tonsil area will be covered with thick white material for up to 2 weeks. This is part of the healing process. Blood-tinged mucous is to be expected, you may want to place a protective cover over your pillow.
- There is a small risk of bleeding for the first 2 weeks. If you are experiencing any bright red bleeding that is not controlled with ice water rinsing please contact our office or go to the Emergency Room.
- Your health and well being is of utmost importance to us, if you have any question or concerns please contact our office immediately.

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