



ENT Center of Excellence

*Board Certified Surgeons specializing in all aspects of
medical and surgical needs pertaining to the EAR, NOSE & THROAT.*

Medications to Stop Before Allergy Testing

It is important to know what medications to stop before allergy testing because some medications may alter the results of your test.

Stop these oral antihistamines **for 5 days before** your appointment:

Allegra	(fexofenadine)
Atarax	
Vistaril	(hydroxyzine)
Zyrtec	(cetirizine)

Stop these oral antihistamines **for 3 days before** your appointment:

Actifed	
Dimetapp	(brompheniramine)
Benadryl	(diphenhydramine)
Chlortrimeton	(chlorpheniramine)
Clarinox	(desloratadine)
Claritin	(loratadine)
Phenergan	(promethazine)
Tavist	
Antihist	(clemastine)

Actifed, Aller-Chlor, Bromfed, Drixoral, Dura-tab, Novafed-A, Ornade, Poly-Histine-D, Trinalin, Astelin, Xyzal

Stop these medications **the night before** your appointment:

Singulair	(montelukast)
Accolate	(zafirlukast)

Stop these medications **the morning of** your appointment:

Zyflo	(zileuton)
Tagamet	(cimetadine)
Zantac	(ranitidine)
Pepcid	(famotidine)
Axid	(nizatidine)

Sometimes some of the medications listed below can also act as an antihistamine.

Let your doctor know if you are on any of them before your appointment.

Amitriptyline, Elavil, Clomipramine, Anafranil, Doxepin, Sinequan, Imipramine, Tofranil, Trimipramine, Surmontil, Amoxapine, Asendin, Desipramine, Nupramin, Nurtiptyline, Pamelor, Aventyl, Protriptyline, Vivactil, Maprotiline, Ludiomil, Mirtazapine, Remeron, Trazadone, Desyrel, Nefazadone, and Serzone.

_____ has an appointment for allergy testing

_____ at _____.

This test takes approximately 30 minutes. If you have any questions regarding your medication and what you feel like you cannot go without, please call us at (530) 243-3687.

You are ultimately responsible for all charges. It is YOUR RESPONSIBILITY to make sure that your insurance will pay for these services. You will be charged a \$50.00 NO SHOW FEE if you do not cancel your appointment prior to 24 hours before your appointment time.

Signature _____ Date: _____